

Long-term care costs

In Saskatchewan 2020

Residential Facilities

How Nursing Homes are organized and administered

Nursing homes or special care homes, as they are called in Saskatchewan, are residential long term care facilities that provide 24-hour professional nursing care and supervision in a protective, supportive environment for

people who have complex care needs and can no longer be cared for in their own homes. These facilities are owned and operated by municipalities, religiously affiliated organizations, and, private, for-profit organizations. However, nursing home fees are set by the Saskatchewan Ministry of Health

Admissions to residential long term care facilities are managed by local Regional Health Authorities (RHAs). An intake coordinator or social worker from the RHA conducts an in-home assessment with clients and their families to assess care needs and program options, to coordinate access and explain fees and to coordinate placement into long-term care facilities. A report of the assessment is sent to the Regional Committee, who decides on acceptance. Clients who are eligible for access to a long term care bed generally access the first available bed in the system and then transfer to a facility of choice. A chronological wait list is maintained by the RHA to ensure fair and equitable access to a facility of choice.

How Retirement Homes are organized and administered

A retirement home in Saskatchewan is a multi-residence housing facility that provides accommodation and services such as meals and cleaning for older people. Retirement homes in the province are privately owned and operated and not administered by the provincial government. Each facility usually provides a private or semi-private room or complete living suite and then also provides common living quarters, including a lounge area, a common dining room, recreation rooms, cleaning services, social and/or religious programs and some basic health care services. The unit can be paid for on a monthly fee basis, like an apartment, or can in some instances be bought the same way as a condominium.

Admission, fees and waiting lists for retirement homes are controlled by the homes themselves, not by the government. Admission usually depends on the ability to pay and absence of serious medical conditions that require professional nursing care. Residents are responsible for paying their own fees and government subsidies are not available for accommodation in a retirement residence.

Costs	
	Per Month
Accommodation	\$1,152.00-\$2,859.00

Costs	
Room Type	Monthly Rate
Private Room	\$1,653.00 - \$4,550.00
One Bedroom Suite	\$2,429.00 - \$4,265.00

Home Care

How Government -subsidized home care is organized and administered

Home support services are designed to help clients remain independent and in their own home as long as possible. Home care services include professional health care services as well as personal care services such as bathing, dressing, grooming and light household tasks that help to maintain a safe and supportive home.

In Saskatchewan government-subsidized home care is administered by the local Regional Health Authority (RHA). Once a request for service is received, a social worker from the RHA will conduct an in-home assessment to determine needs and develop a care plan. There is no set maximum for number of hours of home care allotted to a client. The number of hours of home care allotted to a client depends upon assessment and regional availability.

Costs	
Type of Service	Provincial Rate (per hour)
There is no charge for case management, nursing care, physical therapy or occupational therapy at home.	
First 10 hours of care	\$8.56
11 hours or more	The client is charged a monthly rate based on income to a maximum of \$502.00

Private home care - no government subsidy

RHA resources are limited and go to the neediest.

As a result, many seniors get inadequate amounts of RHA services and have to rely on private home care services to receive the appropriate amount of care

Costs	
Type of Service	Provincial Rate (per hour)
In home meal preparation	\$19.00 - \$30.00
Personal Care (bathing/dressing)	\$27.00 - \$30.00
Skilled Nursing*	\$45.00 - \$69.00
24-hour live-in care	\$27.00 - \$30.00

** Fees listed are for RNs however, these fees may vary depending on the type of nurse, such as a Registered Nurse (RN) or a Licensed Practical Nurse (LPN), delivering the care.*

How adult day care programs work

Adult day programs are designed for dependent adults/seniors, physically located in the community, to provide a safe group setting during the day when family members are not available to care for them. These centres are usually open daily, Monday through Friday (some on Saturday as well). They provide a secure, caring and positive setting for those who are experiencing memory loss, communication disorders, social isolation or physical disabilities. Nutritious lunch meals are provided which usually accommodate any special diet, along with an afternoon snack. Participants need to be mobile, with the possible assistance of a cane, walker or wheelchair. Adult day programs can be public or private, non-profit or for-profit.

Costs	
	Daily Rate
Including Meals (no transportation)	\$10.00

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