

Long-term care costs

In Newfoundland and Labrador 2020

Residential Facilities

How Nursing Homes are organized and administered

Nursing homes in Newfoundland & Labrador are residential long term care facilities that provide accommodation, supervisory care, personal care and nursing and medical services on a 24-hour basis. They are designed for seniors who can no longer be adequately cared for in the home and require on-site professional nursing services. Care and accommodations for these residents is subsidized by the Department of Health and Community Services. As the existing facilities are accredited public facilities, they are not currently licensed.

Costs	
	Per Month
Accommodation	\$2,990.00

Assessment, waiting lists and admission into a nursing home are managed by the Regional Health Authorities (RHAs). The RHA will conduct an in-home assessment to determine a client's needs and will help the client transition into a nursing home. Placement is based on the organization's ability to respond to the individual's assessed needs and preferences.

How Retirement Homes are organized and administered

A retirement home in Newfoundland and Labrador is a multi-residence housing facility that provides accommodation and services such as meals and cleaning for older people. Retirement homes in the province are privately owned and operated and not administered by the provincial government. Each facility usually provides a private or semi-private room or complete living suite and then also provides common living quarters, including a lounge area, a common dining room, recreation rooms, cleaning services, social and/or religious programs and some basic health care services. The unit can be paid for on a monthly fee basis, like an apartment, or can in some instances be bought the same way as a condominium.

Costs	
Room Type	Monthly Rate
Private Room	\$2,375.00 - \$3,675.00
One Bedroom Suite	\$2,675.00 - \$3,612.50

Admissions, fees and waiting lists for retirement homes are controlled by the homes themselves, not by the government. Admission usually depends on the ability to pay and absence of serious medical conditions that require professional nursing care. Residents are responsible for paying their own fees and government subsidies are not available for accommodation in a retirement residence.

Home Care

How Government-subsidized home care is organized and administered

Home support services are designed to help clients remain independent and in their own home as long as possible. Home care services include professional health care services as well as personal care services such as bathing, dressing, grooming and light household tasks that help to maintain a safe and supportive home.

In Newfoundland & Labrador, public home care is managed by Regional Health Authorities (RHAs). The RHA will conduct a phone consultation followed by an in-home assessment to determine the needs of the client. A service delivery plan is then developed in collaboration with the individual and service providers. The number of hours of subsidized home care allotted to a client depends upon assessment and regional availability, however, a rough maximum is 8 hours day.

Private home care - no government subsidy

Home care resources through the RHA are limited and go to the neediest. As a result, many seniors get inadequate amounts of home care services and have to rely on private home care services to receive the appropriate amount of care.

How adult day care programs work

Adult day programs are designed for dependent adults/seniors, physically located in the community, to provide a safe group setting during the day when family members are not available to care for them. These centres are usually open daily, Monday through Friday (some on Saturday as well). They provide a secure, caring and positive setting for those who are experiencing memory loss, communication disorders, social isolation or physical disabilities. Nutritious lunch meals are provided which usually accommodate any special diet, along with an afternoon snack. Participants need to be mobile, with the possible assistance of a cane, walker or wheelchair. Adult day programs can be public or private, non-profit or for-profit.

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Costs

There are no fees for public home care.

Costs

Type of Service	Provincial Rate (per hour)
In home meal preparation	\$23.00 - \$28.44
Personal Care (bathing/dressing)	\$23.00 - \$28.44
Skilled Nursing*	\$45.00 - \$65.00
24-hour live-in care	\$23.00 - \$26.50

** Fees listed are for RNs however, these fees may vary depending on the type of nurse, such as a Registered Nurse (RN) or a Licensed Practical Nurse (LPN), delivering the care.*

Costs

	Daily Rate
Includes meals and transportation	\$7.00