

Long-term care costs

In Manitoba 2020

Residential Facilities

How Nursing Homes are organized and administered

Nursing homes or Personal Care Homes, as they are called in Manitoba, are residential long term care facilities that provide 24-hour professional nursing care and supervision in a protective, supportive environment for people who have complex care needs and can no longer be cared for in their own homes. The insured personal care home program in Manitoba is provided in licensed personal care home facilities designated by the Minister of Health. Fees for personal care homes are set by the Manitoba Ministry of Health.

| Costs | |
|---------------|-------------------|
| | Per Day |
| Accommodation | \$39.40 - \$95.20 |

Admissions to residential long term care facilities are managed by the Regional Health Authority (RHA) except in the case of Winnipeg, which has a separate Long Term Care Access Centre within the RHA to manage admissions into long term care facilities. Each person wanting admission into a long term care facility must be seen by a number of professional staff including a doctor who will complete an application and assessment form that will be submitted to a panel, where a number of professionals look at the client's needs and decide upon the best option to meet those needs. If the client qualifies for a Personal Care Home, the RHA will assist him/her in choosing a Personal Care Home.

How Retirement Homes are organized and administered

A retirement home in Manitoba is a multi-residence housing facility that provides accommodation and services such as meals and cleaning services for older people. Retirement homes in the province are privately owned and operated and not administered by the provincial government. Each facility usually provides a private or semi-private room or complete living suite and then also provides common living quarters, including a lounge area, a common dining room, recreation rooms, cleaning services, social and/or religious programs and some basic health care services. The unit can be paid for on a monthly fee basis, like an apartment, or can in some instances be bought the same way as a condominium.

| Costs | |
|-------------------|--------------|
| Room Type | Monthly Rate |
| Private Room | \$2,026.25 |
| One Bedroom Suite | \$2,866.25 |

Admission, fees and waiting lists for retirement homes are controlled by the homes themselves, not by the government. Admission usually depends on the ability to pay and absence of serious medical conditions that require professional nursing care. Residents are responsible for paying their own fees and government subsidies are not available for accommodation in a retirement residence.

Home Care

How Government -subsidized home care is organized and administered

Home support services are designed to help clients remain independent and in their own home as long as possible. Home care services include professional health care services as well as personal care services such as bathing, dressing, grooming and light household tasks that help to maintain a safe and supportive home.

In Manitoba the Home Care Programs within each Regional Health Authority (RHA) manage requests for care in the home. Once a request for service is received, a Home Care Coordinator will conduct an assessment and develop a care plan. If a client becomes ill and is admitted to a hospital, the hospital will inform the Home Care Program, and a plan is made for when the client is discharged from hospital. The number of hours of home care allotted to a client is based on assessment and regional availability.

Private home care - no government subsidy

RHA resources are limited and go to the neediest.

As a result, many seniors get inadequate amounts of RHA services and have to rely on private home care services to receive the appropriate amount of care

How adult day care programs work

Adult day programs are designed for dependent adults/seniors, physically located in the community, to provide a safe group setting during the day when family members are not available to care for them.

These centres are usually open daily, Monday through Friday (some on Saturday as well). They provide a secure, caring and positive setting for those who are experiencing memory loss, communication disorders, social isolation or physical disabilities. Nutritious lunch meals are provided which usually accommodate any special diet, along with an afternoon snack. Participants need to be mobile, with the possible assistance of a cane, walker or wheelchair. Adult day programs can be public or private, non-profit or for-profit.

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Costs

There is no charge for home care provided by the RHA.

Costs

| Type of Service | Provincial Rate (per hour) |
|----------------------------------|----------------------------|
| In home meal preparation | \$21.00 - \$26.80 |
| Personal Care (bathing/dressing) | \$24.00 - \$30.00 |
| Skilled Nursing* | \$45.00 - \$75.00 |
| 24-hour live-in care | \$24.00 - \$27.00 |

** Fees listed are for RNs however, these fees may vary depending on the type of nurse, such as a Registered Nurse (RN) or a Licensed Practical Nurse (LPN), delivering the care.*

Costs

| | Daily Rate |
|-----------------------------------|------------|
| Includes meals and transportation | \$18.88 |