

Long-term care costs in Saskatchewan 2017

Residential facilities

How government-subsidized nursing homes work

Nursing homes, or special care homes as they are called in Saskatchewan, provide 24-hour professional nursing care and supervision for people who have complex care needs and can no longer be cared for in their own homes. These facilities are operated by municipalities, religious organizations and private, for-profit organizations, but the fees are set by the Saskatchewan Ministry of Health.

Admissions are managed by the local Regional Health Authority (RHA). The RHA completes an assessment to evaluate clients' needs and program options, explain fees, and coordinate placement in to a long-term care facility. An assessment report is sent to the Regional Committee who decides on acceptance. Once accepted, clients have access to the first bed available but can transfer to a facility they choose by adding their name to a waiting list that the RHA manages.

The client's personal income tax return is assessed and the cost of care is calculated based on their returns.

Costs

Type of accommodation	Rate
Nursing home (monthly)	\$1,086.00 - \$2,689.00
Respite care (per day)	\$36.20 - \$89.60

How retirement homes/residences work – no government subsidy

A retirement home is a multi-residence facility that provides accommodation and services such as meals and cleaning for older people. Each individual private retirement home has its own admission procedures, waiting lists and fees. Admission usually depends on the client's ability to pay and absence of serious medical conditions that require professional nursing care. Generally, private retirement homes have higher fees than government-subsidized nursing homes.

Costs

Room type	Monthly rate
One bedroom suites	\$2,100.00 - \$4,200.00
Private rooms	\$1,500.00 - \$5,500.00

Home care

How government-subsidized home care works

Home support services are designed to help clients remain independent and in their own home for as long as possible. Home support provides personal assistance with daily activities, such as bathing, dressing, grooming and light household tasks. A request for care is submitted to the RHA and they conduct an assessment and develop a care plan. There is no maximum number of hours that a client may receive but the number of hours allotted depends on the assessment and availability.

An income/asset test is not part of the assessment for home care. However, clients may apply for an income-tested subsidy to reduce charges for home care. Clients receiving an income-tested subsidy must re-apply annually.

Private home care – no government subsidy

As RHA resources are limited, many seniors don't get the care they need from RHA services and have to rely on private home care services.

How the adult day care program works

Adult day programs are designed for special needs adults, physically located in the community, to provide a safe group setting during the day when family members are not available to care for them. These centres are usually open daily, Mondays through Fridays (some on Saturdays as well). Adult day programs can be public or private, non-profit or for-profit.

Adult day programs in Saskatchewan are managed and operated by and accessed through the Regional Health Authority.

Costs

There is no charge for case management, nursing care, physical therapy or occupational therapy at home.

Monthly hours	Subsidized hourly rate
First 10 hours of care	\$8.08
11 hours or more care	The client is charged an hourly rate determined by the income-tested subsidy.

Note: The maximum monthly charge is \$490.00.

Costs

Type of Service	Provincial Range
In-home meal preparation (per hr)	\$19.00 - \$29.99
Personal care (bathing/dressing) (per hr)	\$26.00 - \$30.00
Skilled nursing (per hr)*	\$45.00 - \$75.00
24 hour live-in care (per hr)	\$26.00 - \$29.99

** Fees range depending on what kind of nurse, such as a registered nurse (RN) or Licensed Practical Nurse (LPN) delivers care. See the full report for additional services and fees.*

Costs

	Daily rate
Includes lunch, snacks and transportation	\$16.85