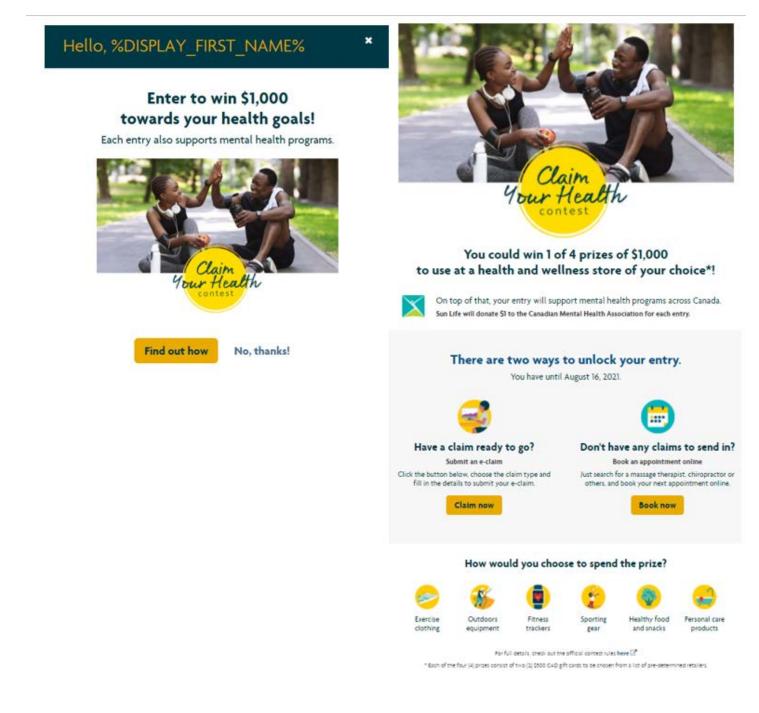


Claim Your Health Contest

Contest Creative

WEB





EMAIL



You have an exclusive chance to WIN \$7,000 and support mental health programs!

Hello <%=name%>,

Enter to win 1 of 4 prizes of \$1,000 to use at a health and wellness store of your choice*!

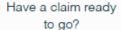


When you enter, we will donate \$1 to the Canadian Mental Health Association (CMHA).

- CMHA provides resources that help prevent mental health illnesses and support recovery.
- Sun Life's support will help transition the Living Life to the Full Program to an
 online experience. It is a course designed to help people of all ages deal with life
 challenges using Cognitive Behaviour Therapy principles.

There are two ways to unlock your entry. You have until August 16, 2021.





Submit an e-claim

To submit a claim on mysunlife.ca, click the button below, choose the claim type and fill in the details to submit.

You can also submit a claim on the my Sun Life mobile app. Just sign in, go to the Benefits section and tap Submit a claim.

Claim now

Don't have any claims ready to send in?

Book an appointment online

Search for a massage therapist, chiropractor or other health-care providers, and book your next appointment online.

Book now

Submitting an e-claim is easier than ever





Get your claim payment sooner. You could see money back in your account as quickly as 24-48 hours.



Your security is our top priority. We conduct regular updates so your information stays safe and private.

Sincerely, Your team at Sun Life

You can now submit

receipts and other

supporting documents for

your claims. No need to

send anything in the mail!

ur team at Sun Life

*Each of the four (4) prizes consist of two (2) \$500 CAD gift cards to be chosen from a list of predetermined retailers. Read full contest rules here.

Our website and mobile app are secure and tested regularly to protect your information. Need help signing in? Check out the FAQ.

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